



Idahoan Foods, LLC
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Idahoan Foods Au Gratin Potato Casserole -10029700008885 – 15.3 lbs.

Purchase Units: 20.35 oz. bag (12 per case) Starchy Vegetable

Portioning Information - USDA School Lunch Meal Planning

The following information is provided for food, as purchased (dry) using the USDA Food Buying Guide for Child Nutrition November 2001.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount (quarter cups)
Potatoes, dehydrated Slice Low moisture	Starchy	0.3678	X	2.7188	1.00
Potatoes, dehydrated Slice Low moisture	Starchy	0.7356	X	2.7188	2.00
Total Creditable Vegetable Amount:					1- ¼ cup 2- ¼ cups

Contribution Equivalent	Dry Ounces	Prepared Ounces	Creditable Servings/Bag	Creditable Servings/Case
¼ cup Vegetable/Starchy	0.60	2.48	33.92	407.0
½ cup Vegetable/Starchy	1.20	4.95	16.96	203.5

Nutrition Information	¼ cup	½ cup	Per 100 g
Weight	0.60 oz.	1.20 oz.	100g
Calories (kcal)	65.62	131.25	385.81
Calories from Fat	12.38	24.77	72.81
Fat (g)	1.38	2.75	8.09
Saturated Fat (g)	0.98	1.96	5.77
Trans Fatty Acid (g)	0.00	0.00	0.00
Cholesterol (mg)	1.24	2.47	7.27
Carbohydrates (g)	12.06	24.12	70.90
Dietary Fiber (g)	0.86	1.72	5.05
Total Sugars (g)	1.22	2.44	7.18
Protein (g)	1.17	2.35	6.91
Water (g)	1.02	2.04	6.10
Vitamin A - IU (IU)	16.76	33.52	98.53
Vitamin C (mg)	3.18	6.36	18.71
Sodium (mg)	325.14	650.28	1911.50
Calcium (mg)	15.52	31.04	91.25
Iron (mg)	0.22	0.44	1.30

Ingredients: Idaho potatoes (preserved with sodium bisulfite), butter powder (maltodextrin, butter [cream, salt], nonfat dry milk, buttermilk, salt, canola oil, sour cream [cultured cream, nonfat dry milk], disodium phosphate, natural and artificial flavors, lactic acid, citric acid), whey powder, modified food starch, coconut oil, salt, corn syrup solids, maltodextrin, cheddar cheese blend (whey, maltodextrin, reduced lactose whey, canola oil, cheddar and blue cheese [cultured milk, salt, enzymes], salt, butter, disodium phosphate, whey protein concentrate, modified food starch, citric acid, lactic acid, yeast extract, natural and artificial flavors, corn syrup solids, autolyzed yeast, torula yeast), dehydrated garlic, corn starch, dehydrated onion, soy lecithin, sodium caseinate, natural flavors, mono and diglycerides, dipotassium phosphate, xanthan gum, spices, annatto extract, paprika extract, yellow #5 and less than 2% silicon dioxide added as an anti-caking agent.

Contains: MILK, SOYBEAN

I certify the above information is true and correct in that a 0.60 dry ounce serving of the above product contains ¼ cup of creditable starchy vegetables and a 1.20 dry ounces serving of the above product contains ½ cup of creditable starchy vegetables when prepared according to package directions.

March 1, 2020 _____
Date

Ryan Carter _____
Research & Development

Country of Origin: USA