



Idahoan Foods, LLC
900 Pier View Drive, Suite 100
Idaho Falls, ID 83402

TEL | 208.542.3700
www.idahoanfoods.com

Idahoan Foods Scalloped Casserole -10029700008816 – 15.24 lbs.

Purchase Units: 2.54 lbs. carton (6 cartons per case) Starchy Vegetable

Portioning Information - USDA School Lunch Meal Planning

The following information is provided for food, as purchased (dry) using the USDA Food Buying Guide for Child Nutrition November 2001.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount (quarter cups)
Potatoes, dehydrated Slice Low moisture	Starchy	0.3678	X	2.7188	1.00
Potatoes, dehydrated Slice Low moisture	Starchy	0.7356	X	2.7188	2.00
Total Creditable Vegetable Amount:					1- ¼ cup 2- ¼ cups

Contribution Equivalent	Dry Ounces	Prepared Ounces	Creditable Servings/Bag	Creditable Servings/Case
¼ cup Vegetable/Starchy	0.60	2.48	67.8	407.0
½ cup Vegetable/Starchy	1.20	4.95	33.9	203.5

Nutrition Information	¼ cup	½ cup	Per 100 g
Weight	0.60 oz.	1.20 oz.	100g
Calories (kcal)	64.94	129.88	381.77
Calories from Fat	10.53	21.06	61.91
Fat (g)	1.17	2.34	6.88
Saturated Fat (g)	0.84	1.69	4.96
Trans Fatty Acid (g)	0.00	0.00	0.00
Cholesterol (mg)	1.10	2.20	6.46
Carbohydrates (g)	12.27	24.53	72.12
Dietary Fiber (g)	0.86	1.72	5.05
Total Sugars (g)	1.70	3.40	10.00
Protein (g)	1.31	2.62	7.72
Water (g)	1.02	2.04	6.10
Vitamin A - IU (IU)	15.25	30.50	89.65
Vitamin C (mg)	3.66	7.33	21.53
Sodium (mg)	246.63	493.26	1449.94
Calcium (mg)	20.33	40.66	119.51
Iron (mg)	0.24	0.48	1.42

Ingredients: Idaho® potatoes (preserved with sodium bisulfite), modified food starch, whey powder, dehydrated onion, butter powder (maltodextrin, butter [cream, salt], nonfat dry milk, buttermilk, salt, canola oil, sour cream [cultured cream, nonfat dry milk], disodium phosphate, natural and artificial flavors, lactic acid, citric acid), coconut oil, corn syrup solids, salt, nonfat dry milk, cheddar cheese blend (whey, maltodextrin, reduced lactose whey, canola oil, cheddar and blue cheese [cultured milk, salt, enzymes], salt, disodium phosphate, whey protein concentrate, autolyzed yeast extract, citric acid, lactic acid, natural flavors), corn starch, sugar, palm oil, sodium bicarbonate, sodium caseinate, natural flavors, soy lecithin, spices, mono and diglycerides, dipotassium phosphate, xanthan gum, citric acid, maltodextrin, annatto extract, turmeric extract and less than 2% silicon dioxide added as an anti-caking agent.

Contains: MILK, SOYBEAN

I certify the above information is true and correct in that a 0.60 dry ounce serving of the above product contains ¼ cup of creditable starchy vegetables and a 1.20 dry ounces serving of the above product contains ½ cup of creditable starchy vegetables when prepared according to package directions.

March 1, 2020
Date

Ryan Carter
Research & Development

Country of Origin: USA