



2970000888 - Idahoan Au Gratin Casserole Pouch--12 ct/20.35 oz.

1 min., 1 step, preparation reduces labor costs; use hot or cold water; can be customized or prepare as is; made with 100% real Idaho potatoes.

Brand: Idahoan®



Nutrition Facts

Serving Size 1/2 cup (34g)
Servings Per Container: 0

Amount Per Serving

Calories 120	Calories from Fat 20
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 640 mg	27%
Total Carbohydrate 24 g	8%
Dietary Fiber 2 g	7%
Sugars 2 g	
Protein 3 g	

Vitamin A 0 IU	•	Vitamin C 10%
Calcium 36 mg	•	Iron 0 mg
Vitamin D 0 mcg	•	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutritional Claims: Gluten Free

Ingredients

Idaho Potatoes (Preserved With Sodium Bisulfite), Butter Powder (Maltodextrin, Butter [Cream, Salt], Nonfat Dry Milk, Buttermilk, Salt, Canola Oil, Sour Cream [Cultured Cream, Nonfat Dry Milk], Disodium Phosphate, Natural And Artificial Flavors, Lactic Acid, Citric Acid), Whey Powder, Modified Food Starch, Coconut Oil, Salt, Corn Syrup Solids, Maltodextrin, Cheddar Cheese Blend (Whey, Maltodextrin, Reduced Lactose Whey, Canola Oil, Cheddar And Blue Cheese [Cultured Milk, Salt, Enzymes], Salt, Butter, Disodium Phosphate, Whey Protein Concentrate, Modified Food Starch, Citric Acid, Lactic Acid, Yeast Extract, Natural And Artificial Flavors, Corn Syrup Solids, Autolyzed Yeast, Torula Yeast), Dehydrated Garlic, Corn Starch, Dehydrated Onion, Soy Lecithin, Sodium Caseinate, Natural Flavors, Mono And Diglycerides, Dipotassium Phosphate, Xanthan Gum, Spices, Annatto Extract, Paprika Extract, Yellow #5 And Less Than 2% Silicon Dioxide Added As An Anti-Caking Agent.

Case Specifications

GTIN	10029700008885	Case Gross Weight	17.64 LB
UPC	029700008888	Case Net Weight	15.26 LB
Pack Size	12 / 20.35OZ	Case L,W,H	15.50 IN, 13.10 IN, 12.80 IN
Shelf Life	365 Days	Cube	1.50 CF
Tie x High	9 x 4		

Preparation and Cooking

Pour pouch contents into 2 1/2 x 1/2 size steam table pan. Add 2 1/2 quarts (2.37 L) boiling water, stir well with wire whip. Bake in convection oven at 400 degrees F for 20 to 25 minutes, or until tender (or in convectional oven at 400 degrees for 40 minutes)

Serving Suggestions

Pour pouch contents into 2 1/2 x 1/2 size steam table pan. Add 2 1/2 quarts (2.37 L) boiling water, stir well with wire whip. Bake in convection oven at 400 degrees F for 20 to 25 minutes, or until tender (or in convectional oven at 400 degrees for 40 minutes)

Packaging and Storage

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 degrees F and 60% R.H.

Allergens

CONTAINS:
Milk or Milk Derivatives, Soybeans or Soybean Derivatives

FREE FROM:
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Shellfish or Shellfish Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives