



## 2970000303 - Idahoan Smartmash Pouch--8 ct/26 oz.

Idahoan® Smartmash™ Mashed Potatoes are processed from sound, well peeled and trimmed 100% Idaho® Potatoes. The product complies with the provisions of the Federal Food, Drug and Cosmetic Act and Amendments.

Brand: Idahoan®



### Nutrition Facts

Serving Size 1/4 cup (140g)  
Servings Per Container: 32

#### Amount Per Serving

**Calories 80**

	% Daily Value*
<b>Total Fat</b> 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> mg	0%
<b>Total Carbohydrate</b> 17 g	6%
Dietary Fiber 1 g	4%
Sugars 1 g	
<b>Protein</b> 2 g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients

Idaho® Potatoes, Vegetable Oil (Sunflower And Canola), Salt, Nonfat Dry Milk, Cream, Sugar, Mono And Diglycerides, Calcium Stearoyl Lactylate, Natural Flavors. Freshness Preserved By Sodium Acid Pyrophosphate, Sodium Bisulfite, Mixed Tocopherols, And Citric Acid.

### Case Specifications

<b>GTIN</b>	10029700003033	<b>Case Gross Weight</b>	14.20 LB
<b>UPC</b>	029700003036	<b>Case Net Weight</b>	13 LB
<b>Pack Size</b>	8 / 26OZ	<b>Case L,W,H</b>	14 IN, 12 IN, 8.25 IN
<b>Shelf Life</b>	365 Days	<b>Cube</b>	0.80 CF
<b>Tie x High</b>	11 x 5		

### Preparation and Cooking

1. Add 1 gallon of water (minimum of 195°F) to a steam table pan. 2. Add entire package of potatoes all at once and stir to wet all potatoes. Let stand one minute. 3. Mix with wire whip and serve.

### Serving Suggestions

1. Add 1 gallon of water (minimum of 195°F) to a steam table pan. 2. Add entire package of potatoes all at once and stir to wet all potatoes. Let stand one minute. 3. Mix with wire whip and serve.

### Packaging and Storage

The shelf life is approximately 12 months from date of packaging when stored away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80°F and 60% R.H.

### Allergens

CONTAINS:  
Milk or Milk Derivatives