



2970080316 - Idahoan® SMARTMASH® Very Low Sodium Dairy-Free Mashed Potatoes, 6/4.69 lb. ctns (Dual-Language)

Made to deliver delicious taste, with only 30 mg of sodium. Formerly Naturally® Mashed Potatoes (Very Low Sodium), these are perfect for healthcare, K12, or wherever low sodium or dairy-free options are needed. Available in bilingual packaging.

Brand: Idahoan®



Nutrition Facts

576 servings per container

Serving size **22g (22g)**

Amount per serving
Calories 80

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0.2g **1%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 20mg **1%**

Total Carbohydrate 17g **6%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 2g

Vitamin D % • Calcium 20mg 2%

Iron 0.3mg 2% • Potassium 225mg 6%

Vitamin C 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Idaho® Potatoes, Sunflower Oil, Monoglycerides, Calcium Stearoyl Lactylate, Titanium Dioxide, Spice, Sodium Acid Pyrophosphate, Artificial Flavor, Sodium Bisulfite, Citric Acid, Mixed Tocopherols, Turmeric, And Riboflavin.

Case Specifications

GTIN	10029700803169	Case Gross Weight	30.60 LB
UPC		Case Net Weight	28.14 LB
Pack Size	1 / 28.14LB	Case L,W,H	17.50 IN, 12.13 IN, 10.57 IN
Shelf Life	365 Days	Cube	1.13 CF
Tie x High	8 x 4		

Preparation and Cooking

Reconstitute: 1. Measure boiling water into a serving container according to the chart below. 2. Add Idahoan® REAL according to the chart below, wet all the potatoes and let stand for one minute. 3. Stir well and serve.

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Product Features and Benefits

Gluten Free

Packaging and Storage

The shelf life is approximately 12 months from date of packaging code (imprinted on the package), when shipped and stored away from direct heat, in a cool, dry location, away from strong contaminating odors. Shipping and storage conditions should not exceed 80°F and 60% R.H.

Product Images

