



1/2 CUP SERVINGS COMPARISON

SKU	Product Description	USDA Commodity	1/2 Cup Creditable Servings / Case	1/2 Cup Creditable Servings/ Bag	Prepared Ounces	Net Wt. (lbs.)	Calories	Calories from Fat (g)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Sodium (mg)	Calcium (mg)	Iron (mg)	Allergens
HONEST EARTH® CLEAN LABEL POTATOES																						
2970000713	Honest Earth® Creamy Mashed Potatoes with Butter & Sea Salt, 8/26 oz. pchs	X	308.64	38.58	4.00	13.00	68.02	0.53	0.53	0.37	-	0.80	12.93	1.23	0.49	1.65	14.32	3.79	189.55	8.41	0.38	Milk
2970000766	Honest Earth® Rustic Mashed Potatoes with Butter & Sea Salt, 8/26 oz. pchs NEW!		308.64	38.58	4.00	13.00	68.42	4.16	0.46	0.32	-	0.68	14.44	1.30	0.16	1.62	12.18	2.75	162.38	8.60	0.36	Milk
2970000718	Honest Earth® Hash Brown Shredded Potatoes with a Hint of Sea Salt & Pepper, 8/1.25 lb. ctns NEW!		154.00	25.60	4.00	10.00	136.50	1.98	0.59	0.11	-	-	30.88	3.27	0.15	2.80	0.08	2.02	305.84	23.06	0.54	None
CREAMY MASHED POTATOES, Classic (Smooth/Whipped)																						
2970000311	Idahoan® CREAMY Classic Mashed Potatoes, 24/13 oz. pchs	X	457.48	19.09	4.20	19.51	68.53	6.04	0.67	0.19	-	0.03	14.60	1.18	0.70	1.55	6.15	2.64	260.34	10.50	0.22	Milk
2970000313	Idahoan® CREAMY Classic Mashed Potatoes, 12/26 oz. pchs	X	457.48	38.12	4.20	19.50	68.53	6.04	0.67	0.19	-	0.03	14.60	1.18	0.70	1.55	6.15	2.64	260.34	10.50	0.22	Milk
2970000381	Idahoan® CREAMY Classic Mashed Potatoes, 39 lb. bag	X	N/A	916.30	4.20	39.00	68.53	6.04	0.67	0.19	-	0.03	14.60	1.18	0.70	1.55	6.15	2.64	260.34	10.50	0.22	Milk
2970020405	Idahoan® CREAMY Classic Mashed Potatoes, 6/3.24 lb. ctns	X	456.10	76.10	4.20	19.44	68.53	6.04	0.67	0.19	-	0.03	14.60	1.18	0.70	1.55	6.15	2.64	260.34	10.50	0.22	Milk
FLAKES, Unseasoned and Flavored																						
2970000301	Idahoan® FLAKES INSTAMASH® Mashed Potatoes Mix, 12/28 oz. pchs	X	454.05	37.84	4.20	21.00	79.20	12.26	1.36	0.23	-	0.09	15.22	1.35	0.37	1.66	0.16	3.23	309.63	8.11	0.26	Milk, Soybean
RUSTIC MASHED POTATOES (Lumps and/or Peels)																						
2970000344	Idahoan® RUSTIC Baby Reds® Mashed Potatoes, 8/32.85 oz. pchs (lumps and peels)	X	317.39	39.67	4.20	16.43	91.42	19.26	2.14	1.49	-	0.21	16.89	1.18	1.30	1.64	7.50	2.77	319.36	10.54	0.22	Milk
2970000365	Idahoan® RUSTIC Homestyle Mashed Potatoes, 12/28 oz. pchs (lumps only)	X	485.50	40.46	4.03	21.00	70.43	4.28	0.48	0.18	-	0.11	14.70	1.20	0.50	1.86	3.37	1.41	287.99	20.40	0.24	Milk
SHREDS, Hash Browns and Mixes																						
2970000808	Idahoan® SHREDS Fresh Cut Hash Browns with Seasoning, 6/2.125 lb. ctns	X	154.00	25.60	4.00	13.80	139.63	11.13	1.24	0.27	-	-	31.13	2.78	0.64	2.92	-	10.91	305.42	28.41	0.58	None
SLICES, Unseasoned and Flavored																						
2970000882	Idahoan® SLICES Unseasoned Potatoes, 4/5 lb. bags	X	435.00	108.80	4.00	20.00	74.87	1.31	0.15	0.04	-	-	16.79	1.63	0.17	1.61	-	3.30	14.39	8.55	0.25	None
2970000888	Idahoan® SLICES Au Gratin Potatoes, 12/20.35 oz. pchs	X	203.50	16.96	4.95	15.26	131.25	24.77	2.75	1.96	-	2.47	24.12	1.72	2.44	2.35	33.52	6.36	650.28	31.04	0.44	Milk, Soybean
2970000889	Idahoan® SLICES Scalloped Potatoes, 12/20.35 oz. pchs	X	203.50	16.96	4.95	15.26	129.88	21.06	2.34	1.69	-	2.20	24.53	1.72	3.40	2.62	30.50	7.33	493.26	40.66	0.48	Milk, Soybean
SMARTMASH® MASHED POTATOES, Nutritional-Focused (Smooth/Whipped)																						
2970000316	Idahoan® SMARTMASH® Very Low Sodium Dairy-Free Mashed Potatoes, 6/4.69 lb. ctns	X	694.40	115.74	4.10	28.13	67.58	7.05	0.78	0.18	-	-	13.96	1.18	0.60	1.49	1.96	2.76	24.87	7.84	0.23	None
2970000348	Idahoan® SMARTMASH® Reduced Sodium Loaded Baked® Mashed Potatoes with Vit C, 12/31 oz. pchs	X	451.98	37.67	4.20	23.27	90.85	18.42	2.05	1.28	-	0.42	16.81	1.26	1.69	1.95	14.00	25.34	207.67	18.11	0.28	Milk, Soybean
2970022313	Idahoan® SMARTMASH® Classic Mashed Potatoes with Vit C, 12/26 oz. pchs	X	454.81	37.90	4.20	19.50	69.21	6.48	0.72	0.19	-	-	14.75	1.20	0.71	1.57	6.20	25.28	262.12	14.26	0.23	Milk
2970025313	Idahoan® SMARTMASH® Low Sodium Mashed Potatoes with Vit C, 12/25.2 oz. pchs	X	452.70	37.72	4.20	18.90	68.96	6.48	0.72	0.19	-	0.05	14.71	1.19	0.70	1.56	2.03	24.25	92.35	10.73	0.23	Milk
CREAMY MASHED POTATOES, Flavored Single Serve Cups (Microwaveable)																						
			PER CUP																			
2970033141	Idahoan® Buttery Homestyle® Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	169.72	40.90	4.54	2.87	0.15	1.83	29.41	1.95	1.83	3.44	25.32	4.76	686.65	38.07	0.57	Milk
2970033145	Idahoan® Four Cheese Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	163.32	34.18	3.80	1.88	0.17	5.01	28.56	1.95	2.37	4.39	61.04	4.73	867.98	73.08	0.58	Milk
2970033147	Idahoan® Roasted Garlic Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	164.78	36.42	4.05	2.44	0.14	0.63	29.19	1.96	2.46	3.56	9.69	4.76	889.17	44.17	0.60	Milk, Soybean
2970033148	Idahoan® Loaded Baked® Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	165.13	34.98	3.89	2.15	0.15	2.45	28.80	2.09	2.83	4.39	45.72	4.97	756.26	59.11	0.67	Milk, Soybean



1/4 CUP SERVINGS COMPARISON

SKU	Product Description	USDA Commodity	1/4 Cup Creditable Servings / Case	1/4 Cup Creditable Servings/ Bag	Prepared Ounces	Net Wt. (lbs.)	Calories	Calories from Fat (g)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Sodium (mg)	Calcium (mg)	Iron (mg)	Allergens
HONEST EARTH® CLEAN LABEL POTATOES																						
2970000713	Honest Earth® Creamy Mashed Potatoes with Butter & Sea Salt, 8/26 oz. pchs	X	617.20	77.15	2.00	13.00	34.01	2.36	0.26	0.19	0.01	0.40	6.46	0.62	0.24	0.82	7.16	1.90	94.77	4.20	0.19	Milk
2970000766	Honest Earth® Rustic Mashed Potatoes with Butter & Sea Salt, 8/26 oz. pchs NEW!		617.20	77.15	2.00	13.00	34.21	2.08	0.23	0.16	0.01	0.34	7.22	0.65	0.08	0.81	6.09	1.38	81.19	4.30	0.18	Milk
2970000718	Honest Earth® Hash Brown Shredded Potatoes with a Hint of Sea Salt & Pepper, 8/1.25 lb. ctns NEW!		307.00	51.21	2.00	10.00	68.25	0.99	0.11	0.05	-	-	15.44	1.63	0.07	1.40	0.04	1.01	152.92	11.53	0.27	None
CREAMY MASHED POTATOES, Classic (Smooth/Whipped)																						
2970000311	Idahoan® CREAMY Classic Mashed Potatoes, 24/13 oz. pchs	X	914.96	38.12	2.10	19.51	34.32	3.03	0.34	0.09	-	0.01	7.31	0.59	0.35	0.78	3.08	1.32	130.36	5.26	0.11	Milk
2970000313	Idahoan® CREAMY Classic Mashed Potatoes, 12/26 oz. pchs	X	914.96	76.25	2.10	19.50	34.32	3.03	0.34	0.09	-	0.01	7.31	0.59	0.35	0.78	3.08	1.32	130.36	5.26	0.11	Milk
2970000381	Idahoan® CREAMY Classic Mashed Potatoes, 39 lb. bag	X	N/A	1,829.91	2.10	39.00	34.32	3.03	0.34	0.09	-	0.01	7.31	0.59	0.35	0.78	3.08	1.32	130.36	5.26	0.11	Milk
2970020405	Idahoan® CREAMY Classic Mashed Potatoes, 6/3.24 lb. ctns	X	912.10	152.00	2.10	19.44	34.32	3.03	0.34	0.09	-	0.01	7.31	0.59	0.35	0.78	3.08	1.32	130.60	5.26	0.11	Milk
FLAKES, Unseasoned and Flavored																						
2970000301	Idahoan® FLAKES INSTAMASH® Mashed Potatoes Mix, 12/28 oz. pchs	X	908.11	75.68	2.10	21.00	39.60	6.13	0.68	0.12	-	0.04	7.61	0.67	0.18	0.83	0.08	1.62	154.82	4.05	0.13	Milk, Soybean
RUSTIC MASHED POTATOES (Lumps and/or Peels)																						
2970000344	Idahoan® RUSTIC Baby Reds® Mashed Potatoes, 8/32.85 oz. pchs (lumps and peels)	X	634.78	79.35	2.10	16.43	45.71	9.63	1.07	0.74	-	0.10	8.45	0.59	0.65	0.82	3.75	1.39	159.68	5.27	0.11	Milk
2970000365	Idahoan® RUSTIC Homestyle Mashed Potatoes, 12/28 oz. pchs (lumps only)	X	971.10	80.92	2.01	21.00	35.22	2.14	0.24	0.09	-	0.06	7.35	0.60	0.25	0.93	1.69	0.71	144.00	10.20	0.12	Milk
SHREDS, Hash Browns and Mixes																						
2970000808	Idahoan® SHREDS Fresh Cut Hash Browns with Seasoning, 6/2.125 lb. ctns	X	307.00	51.21	2.00	13.80	69.82	5.57	0.62	0.13	-	-	15.57	1.39	0.32	1.46	-	5.45	152.71	14.21	0.29	None
SLICES, Unseasoned and Flavored																						
2970000882	Idahoan® SLICES Unseasoned Potatoes, 4/5 lb. bags	X	870.00	217.50	2.00	20.00	37.43	0.66	0.07	0.02	-	-	8.39	0.81	0.08	0.80	-	1.65	7.19	4.28	0.13	None
2970000888	Idahoan® SLICES Au Gratin Potatoes, 12/20.35 oz. pchs	X	407.00	33.92	2.48	15.26	65.62	12.38	1.38	0.98	-	1.24	12.06	0.86	1.22	1.17	16.76	3.18	325.14	15.52	0.22	Milk, Soybean
2970000889	Idahoan® SLICES Scalloped Potatoes, 12/20.35 oz. pchs	X	407.00	33.92	2.48	15.26	64.94	10.53	1.17	0.84	-	1.10	12.27	0.86	1.70	1.31	15.25	3.66	246.63	20.33	0.24	Milk, Soybean
SMARTMASH® MASHED POTATOES, Nutritional-Focused (Smooth/Whipped)																						
2970000316	Idahoan® SMARTMASH® Very Low Sodium Dairy-Free Mashed Potatoes, 6/4.69 lb. ctns	X	1,388.90	231.48	2.05	28.13	33.79	3.53	0.39	0.09	-	-	6.98	0.59	0.30	0.74	0.98	1.38	12.43	3.92	0.11	None
2970000348	Idahoan® SMARTMASH® Reduced Sodium Loaded Baked® Mashed Potatoes with Vit C, 12/31 oz. pchs	X	903.96	75.33	2.10	23.27	45.43	9.21	1.02	0.64	-	0.21	8.41	0.63	0.84	0.97	7.00	12.67	103.85	9.06	0.14	Milk, Soybean
2970022313	Idahoan® SMARTMASH® Classic Mashed Potatoes with Vit C, 12/26 oz. pchs	X	909.62	75.80	2.10	19.50	34.61	3.24	0.36	0.09	-	-	7.37	0.60	0.35	0.78	3.10	12.64	131.06	7.13	0.12	Milk
2970025313	Idahoan® SMARTMASH® Low Sodium Mashed Potatoes with Vit C, 12/25.2 oz. pchs	X	905.40	75.45	2.10	18.90	34.53	3.24	0.36	0.09	-	0.02	7.37	0.60	0.35	0.78	1.02	12.14	46.24	5.22	0.12	Milk
CREAMY MASHED POTATOES, Flavored Single Serve Cups (Microwaveable)																						
			PER CUP																			
2970033141	Idahoan® Buttery Homestyle® Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	169.72	40.90	4.54	2.87	0.15	1.83	29.41	1.95	1.83	3.44	25.32	4.76	686.65	38.07	0.57	Milk
2970033145	Idahoan® Four Cheese Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	163.32	34.18	3.80	1.88	0.17	5.01	28.56	1.95	2.37	4.39	61.04	4.73	867.98	73.08	0.58	Milk
2970033147	Idahoan® Roasted Garlic Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	164.78	36.42	4.05	2.44	0.14	0.63	29.19	1.96	2.46	3.56	9.69	4.76	889.17	44.17	0.60	Milk, Soybean
2970033148	Idahoan® Loaded Baked® Mashed Potatoes, 10/1.5 oz. Cup		15.00	N/A	N/A	0.94	165.13	34.98	3.89	2.15	0.15	2.45	28.80	2.09	2.83	4.39	45.72	4.97	756.26	59.11	0.67	Milk, Soybean