



## 2970000203 - Idahoan® FLAKES Unseasoned Potatoes, 6/5 lb. bag

Simply delicious, these formerly Original Mashed Potato Flakes can be served as is or used to create your favorite dishes. With easy prep, you can serve up the famous flavor of Certified 100% Idaho® Potatoes in a convenient Fresh-Dried™ format.

Brand: Idahoan®



### Nutrition Facts

103 servings per container  
**Serving size** 1/3 cup (22g)

**Amount per serving**  
**Calories** **80**

**% Daily Value\***

**Total Fat** 0g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** 17g **6%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes g Added Sugars **0%**

**Protein** 2g

Vitamin D 0mcg 0% • Calcium 10mg 0%

Iron 0.4mg 2% • Potassium 250mg 6%

Vitamin C 14mg 24%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Idaho® Potatoes With Emulsifier (Monoglycerides) And Preservative (Sodium Acid Pyrophosphate, Sodium Bisulfite, Citric Acid, Mixed Tocopherols).

### Case Specifications

GTIN	10029700002036	Case Gross Weight	33.39 LB
UPC	029700002039	Case Net Weight	30 LB
Pack Size	6 / 5LB	Case L,W,H	18.50 IN, 16.50 IN, 10.70 IN
Shelf Life	365 Days	Cube	1.89 CF
Tie x High	6 x 4		

### Preparation and Cooking

1. Combine boiling water, salt, butter\* and cold milk according to chart on package, in suitable size steam table pan or mixing bowl. 2. Pour in potatoes per chart below. Stir by hand or use paddle mixer set at LOW speed – about 10 to 15 seconds. For best results, do not overmix – DO NOT WHIP. Serve. Note: For a creamier mashed potato, stir in additional hot water or milk. For a firmer mashed potato, stir in additional potatoes. Less salt can be added if desired. \*Margarine may be substituted for butter. DO NOT WHIP.

### Serving Suggestions

Serve prepared product on steam table at 170 degrees and let stand 5-10 minutes until lumps are soft and tender.

### Product Features and Benefits

Made with 100% Idaho Potatoes Naturally Gluten Free potatoes

### Packaging and Storage

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 degrees F and 60% R.H.

### Allergens

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Shellfish or Shellfish Derivatives, Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

### Product Images



**Nutritional/Diet Claims:** Kosher Kosher